

## Instructor Resource Guide: Recharge With Reading 2024

The following activities and resources were selected to support classroom instruction and family literacy engagement. In addition to these instructor resources, each book in the collection has three short engagement activities for adults and families.

### Suggestions for Using the Collection and Activities

- ◆ Explore the books in the *Recharge With Reading* collection by clicking on the book titles in the table below.
- ◆ Notice that the books in the collection provide text across a span of reading levels for adults and include books that are engaging for children and families to read together.
- ◆ Access the short, guided activities for each book that offer suggestions for both instructors and families. You may access the activities by clicking on the book titles in the table below. The activities are attached to each book.
- ◆ Allow learners individual time to access the application and explore the collection and guided activities.
- ◆ If using the reading collection for the first time, model how the age and language filters work in the application, and how to locate the search function, so books can be easily found.
- ◆ Decide how you will interact with the topic and curated text collection. This resource guide has suggestions to support in-person instruction and offers online resources for instructors and family engagement. Consider using the materials as starting points for larger units or creative activities to engage with topics and texts.
- ◆ Use this collection and guide to help develop and foster a reading life for your learners and their families!

Engaging Books for Adults		
Book Title	Author	Lexile Reading Level
<i>From Hero to Racer</i>	Matthias Southwick, Nancy Southwick	410-600
<i>De héroe a piloto</i>	Mattias Southwick, Nancy Southwick	410-600
<i>Horizontes abiertos</i>	Joelle Edouard	410-600

<u><i>News for You: LA County Gives Little Girl the OK to Own a Unicorn, if She Finds One</i></u>	New Reader's Press (ProLiteracy)	410-600
<u><i>News for You: New Bridge in Portugal Tests Nerves, Fear of Heights</i></u>	New Reader's Press (ProLiteracy)	480
<u><i>News for You: Nuevo puente en Portugal pone a prueba el coraje y el miedo a las alturas</i></u>	New Reader's Press (ProLiteracy)	480
<u><i>Paso a paso: Meditación</i></u>	Mariel Calderón Álvarez	610-800
<u><i>Bright Horizons</i></u>	Joelle Edouard	610-800
<u><i>Step by Step: Meditation</i></u>	Mariel Calderón Álvarez	610-800
<u><i>Staycation</i></u>	Brenda Wolfenbarger	610-800
<u><i>Vacaciones en casa</i></u>	Brenda Wolfenbarger	610-800
<u><i>News for You: El condado de Los Ángeles da el visto bueno a una niñita para que sea la dueña un unicornio, si es que encuentra alguno</i></u>	New Reader's Press (ProLiteracy)	610-800

### Engaging Books for Adults and Children

<u><i>My Word is Love</i></u>	Mariel Calderón Álvarez	NP
<u><i>Mi palabra es amor</i></u>	Mariel Calderón Álvarez	NP
<u><i>The Great Race</i></u>	Barbara Bush Foundation for Family Literacy	210-400
<u><i>El garaje mágico: Conoce a Aurora</i></u>	Jon Groves	210-400
<u><i>Kimmy Booth, Jungle Sleuth: The Case of the Missing Roof</i></u>	Weslie Lechner	410-600
<u><i>Kooky Bakes Cookies</i></u>	BG Bradford	410-600
<u><i>Magic Garage: Meet Dusty</i></u>	Jon Groves	410-600
<u><i>Wanda's Big Adventure</i></u>	Elizabeth H. Wood	410-600

<u><i>The Favorite Flavor Finders</i></u>	Barbara Bush Foundation for Family Literacy	410-600
<u>Sea Otters (Sea Life)</u>	Lightbox Learning	500
<u><i>Hummingbirds (Little Backyard Animals)</i></u>	Heather Kissock	510
<u>The Big Beach Cleanup</u>	Charlotte Offsay	560
<u>The Milo &amp; Jazz Mysteries: The Case of the Poisoned Pig</u>	Lewis B. Montgomery	560
<u>Noelle, the Curious Seagull</u>	Barbara Bush Foundation for Family Literacy	610-800
<u>Skateboarding (Cool Sports)</u>	Aaron Carr	780
<u>BMX (Cool Sports)</u>	Aaron Carr	860
<u>A Cool Experiment</u>	Barbara Bush Foundation for Family Literacy	870
<u><i>Un experiment divertido</i></u>	Barbara Bush Foundation for Family Literacy	810-1000

### Activities to Support Instruction

To explore this topic, consider how you will build anticipation, background knowledge, and schema for your learners about topics related to health. To do this, consider addressing the following questions with your learners:

- What does the term “recharge” mean to you?
- How do you “recharge” in your life?
- Why is it important to take care of our physical, mental, and emotional health?
- What are some of your favorite summer activities for relaxation?

There are many ways to get your learners thinking, collaborating, and actively engaging with each other. Consider any of the following activities:

- **S-I-T (Surprising, Interesting, Troubling):** This collaborative activity from Facing History, Facing Ourselves supports engagement in texts of all types (words, images, or video). It offers learners an opportunity to

process new information and support their writing skills by short response.

- **Town Hall Circle:** This activity fosters collaboration and speaking and listening by offering learners a chance to share their perspectives on a particular topic. This activity will encourage participation and foster understanding of new perspectives.
- **Color, Symbol, Image:** This activity encourages learners to reflect on ideas and think metaphorically while collaborating with each other silently.
- **Rapid Writing:** This activity fosters and builds writing skills by asking learners to show their thinking through writing. It also supports the writing process by asking learners to review and revise their writing and thoughts through brainstorming and collaboration.

While you read the texts, you will want to support your learners with literacy strategies to foster their learning growth. Consider comprehension skills that learners will need to access the texts within the collection. It will also be important for learners to continue building background knowledge.

For example, if learners are reading the text, [\*\*News for You: Are Aliens Watching Us? Study Finds Many Stars With Clear View of Earth\*\*](#), or [\*\*News for You: New Bridge in Portugal Tests Nerves, Fear of Heights\*\*](#), consider having them gather information about scientific related topics, the environment, or space. It will also be important for them to have informational context, so consider having them watch short clips of television shows or movies or read short stories to better understand the reading for deeper comprehension. The following resources and templates will help learners build literacy skills and comprehension as they read:

- **Annotating and Paraphrasing:** This strategy teaches learners how to identify key pieces of information by asking them to underline key words, write margin notes, and summarize main ideas as they work to understand a text.
- **See, Think, Wonder:** This strategy can be used with visual media or printed text. It will build comprehension skills for learners by encouraging them to make observations and ask questions of a text before making conclusions.
- **Sketchnoting:** This note-taking strategy supports visual note-taking by allowing learners to process their thoughts through images, symbols, words, or other structures of their choosing.

## Online Resources to Support Instructors

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The following resources will help instructors gather more ideas and insights for teaching texts within the *Recharge with Reading* collection:

- [National Institutes of Health Social Wellness Toolkit](#): This free resource provides educators with a variety of strategies, activities, and resources that support mental and physical health.
- [Get Reading for Summer! Ideas for Teachers to Share With Families](#): This resource provides a variety of educational resources that families can enjoy together all summer long!
- [Classroom Mental Health](#): This site provides educators with a multitude of resources for educators and families to teach learners and their families the importance of healthy habits and good physical and mental health. These resources are engaging, informative, and can be used with learners of all age levels and abilities.
- [Action for Healthy Kids](#): This resource provides free videos, activities, and resources that learning environments and families can do to promote positive self-care and build healthy habits.
- Vocabulary: Encourage families to explore vocabulary in the home using any one of the engaging games listed in [this article](#). Model one or two of the activities and then ask learners to try them at home!

## Suggestions for Using the Collection and Activities with Families

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These suggestions may be shared directly with adult learners and their families, so they can explore this theme and books together.

- ◆ Choose a book to explore from the *Recharge with Reading* collection.
- ◆ Read and discuss the book with your child. Use *before, during, and after reading* questions to help your child make connections to themselves and to other parts of their life. The following are some examples:
  - **Before Reading**

Look at the front cover with your child. Explore the pictures and text, and ask them:

    - Does this book remind you of anything?
    - What do we already know about \_\_\_\_\_?
    - Do you have a favorite exercise? What would you like to write a health book about?
    - Why do you think it is important to read books about healthy ways to “recharge”?

- **During Reading**
  - If you were in this book, what do you think you would be hearing? Seeing? Tasting? Smelling? Feeling?
  - What has happened to the character(s) so far?
  - Have you been in a situation that is similar, or like, the situation the character in the story is in? What was the same for both of you? What was different?
  - What is the problem this character is experiencing? How do you think it will turn out?
  - What evidence do we know so far from the book?
- **After Reading**
  - Tell me about the story in your own words.
  - What would you like to ask the author (or characters) of the book?
  - What did you like most about the story? Why?
  - Would you have done things in a different way than the character in the poem did? If so, what would you have done differently?
  - Do you think it was a good ending? What would you have changed?
- ◆ After reading the poem, you will notice activities at the bottom of the screen. Explore these activities with your child!

## Expanded Lesson for Educators

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The following is an example of an expanded lesson that instructors may find helpful for teaching texts within the *Recharge with Reading* collection. This lesson is an example based off the text, [Staycation](#).

- **Before Reading**
  - Explore the text features with your learners. Be sure they understand their features and how they can enhance the reading of the text.
  - Ask your learners, “What do we already know about \_\_\_\_\_?” keeping in mind the topics the books will touch upon.
  - Choose some key vocabulary learners will come across in the text. Consider teaching vocabulary to learners by asking them to interact with words through the [Bumper Words](#) strategy.
  - Guide learners through the process of critical thinking by asking them to complete a [Gallery Walk](#) to reflect on their learning and the connections they found it had to their own lives.

- **During Reading**
  - Ask learners to use the [Wraparound](#) strategy to deepen their comprehension and engagement with the text.
  - Set up a [Collaborative Whiteboard](#) for learners to engage with each other on similar topics from their texts.
  - Support learner's reading comprehension using a [Close Reading Protocol](#).
  - Ask learners to organize their thoughts and build on their knowledge by using the [Charting Method](#) for note-taking.
- **After Reading**
  - Ask learners to reflect on their learning from the beginning of the text to the end of the text. Consider having them share out one key takeaway from the text.
  - Consider having readers go beyond the text and explore a topic or idea more in-depth from the reading.
  - Guide learners through the process of critical thinking by asking them to use [Two-Dollar Summaries](#) to reflect on their learning and the connections they found it had to their lives.

### **Expanded Engagement: Step by Step Meditation**

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Consider the following resources for adult learners and families as they read and explore [Step by Step: Meditation](#) and learn more about the importance of self-care.

- [MindSpace](#): This free resource provides educators with a plethora of resources, activities, and ideas to share with learners and families.
- [57 Mindfulness Activities](#): This article provides educators and families with different activities and strategies to support mindfulness for learners of all ages and abilities.
- [20 Terrific Guided Meditations for Teachers](#): This article provides resources and videos that can be used in educational settings for staff and learners.
- [What is Mindfulness? An Introduction to Meditation](#): This lesson plan is ideal for older learners but can be adapted for learners of all abilities and ages. It provides educators with a step-by-step guide to support learners understanding about the importance of meditation and the impacts it can have on mental and physical health.

## Expanded Engagement: *From Hero to Racer*

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Consider the following resources for adult learners and families as they read and explore [From Hero to Racer](#) and learn more about the exciting and intricate world of racing.

- [NASCAR: World of Racing Lesson Plans](#): This free resource provides a fun and unique lesson plan adaptable for many skills and abilities about the world of racing. It will engage learners and support text to world connections. [This](#) is a great one for older learners.
- [NSTA: NASCAR](#): This article provides *“real-life applications of STEM—and teaches key science concepts at the same time—with lessons about a sport that many students enjoy. Check out these fun and engaging NASCAR-themed lessons and resources, free of charge to educators nationwide!”* (NSTA)
- [Sonoma Raceway Family Guide](#): This family guide provides resources and challenges that can be used in educational settings or for families at home. There is something for everyone included!
- [20 NASCAR Racing Ideas to Rev Up Your Classroom](#): This resource provides videos, activities, and strategies that are adaptable for learners of all ages and abilities. You and your learners will have fun exploring the many options included in this resource.