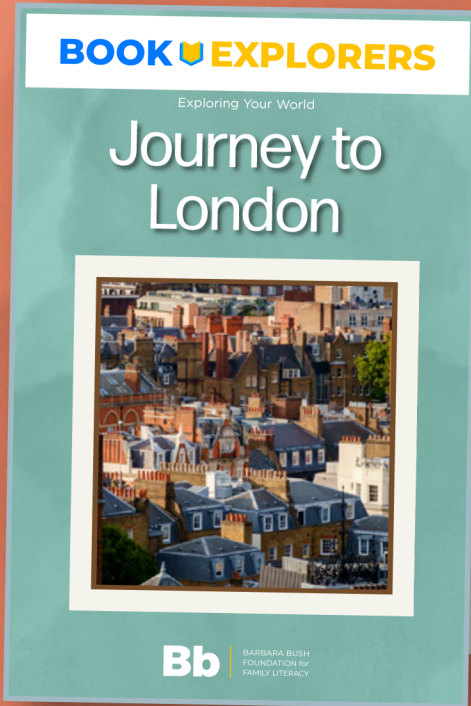





Exploring Your World

# Journey to London



## BARBARA BUSH'S FAMILY READING TIPS

-  Establish a daily routine for reading with your child
-  Get cozy and snuggle during reading to make it special
-  Make sure your child sees you reading

## Parent Guide

# Parent Guide

## 1 ASK:

- Think about what it might be like to visit another country. What are some things you think might be the same? What might be different?
  - Why do you think there is an underground railway in London?
  - Which landmark in the book sounds the most interesting to visit?
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## 2 GO:

Search online for a **map of Europe**. Tell your child that the United Kingdom is a country in Europe. England is part of the United Kingdom. Ask your child to locate the United Kingdom and several other European countries, such as Germany, Italy, and Norway. Point out that the United Kingdom is different from other countries in Europe because it is an island nation.

# Parent Guide

## 3 LEARN:

The book, *Journey to London*, talks about a **constitutional monarchy**. Find **constitutional monarchy** in the glossary and read the definition together. Your child may still need some further information about what the word *constitution* means. Explain that a constitution is a set of rules that people follow.

Search online for **videos of the changing of the guard at Buckingham Palace**. Watch the videos and talk with your child about what they see. Explain that this is a formal ceremony where the current guards pass on the responsibility of guarding the palace to the next guard. Guards typically have duty for 24-48 hours, with many breaks during their shift.

# Parent Guide

## 4 READ:

- *Hey Kids! Let's Visit London, England: Fun, Facts, and Amazing Discoveries for Kids* by Teresa Mills
  - *A Kid's Guide to England* by Jack L. Roberts
  - *Travel with Me & See London* by Nancy Delevoye
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## 5 MAKE:

People in London often enjoy afternoon tea. Plan a special tea or lunch with your child. Make special sandwiches and cookies to eat for lunch. Think about ways to make it fancy like setting the table with special plates, lighting a candle, or playing fun music in the background.

# Parent Guide

## 6 MOVE:

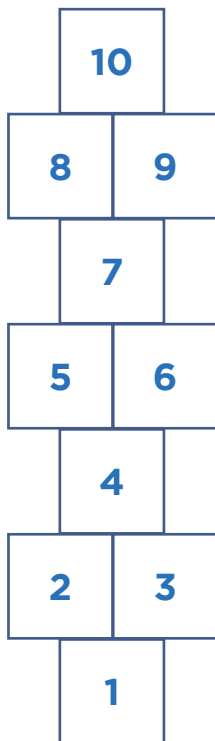
The book, *Journey to London*, talks about different sports that are played in London and throughout England. Reread page 9 and talk about the similarities and differences between sports played in London and sports played in America. Ask your child to choose a sport to play together such as shooting a basketball, kicking a soccer ball, or playing catch.

# Parent Guide

## 7 PLAY:

Hopscotch is a popular British game. Play a game of hopscotch with your child.

- Draw a hopscotch board on the driveway using chalk.
- Throw a rock onto the board and see where it lands.
- Skip across the board with one or two feet and try to skip over the space where the rock landed.



# Parent Guide

## 8 WORD TALK:

The author uses the word **famous** to describe some of the people and places that are connected to London. Talk about the word.

Explain that if something is famous, that means it is known to many people. Ask your child to think about if there are any famous places near you. If they can't think of anything, tell them that places can be locally famous. An example would be, *That restaurant is famous for its amazing pizza.*

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## 9 DISCUSS/DO:

Search online for **information about William Shakespeare**. Talk with your child about some of Shakespeare's famous plays such as *Romeo and Juliet* or *Hamlet*. Explain that his work is still studied and performed today.

# Free Resources to Support Family and Adult Literacy:

**Keep reading together!**

Visit the Barbara Bush Foundation's digital collection of free books and activities for adults, children, and families.

**Scan the QR Code or visit the link below.**



**[www.barbarabush.org/family-resources-access](http://www.barbarabush.org/family-resources-access)**



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