




Exploring Your World

My British Penpal



BARBARA BUSH'S FAMILY READING TIPS

-  Ask questions, talk about the story, and read with expression
-  Visit libraries, bookstores, and online reading sites together
-  Ask others to read to your child and bring books wherever you go

Parent Guide

Parent Guide

1 ASK:

- What is a penpal?
 - Why might it be interesting to have a friend from another country?
 - Why do you think Becky and Kensington Kate are so excited to meet online?
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2 GO:

Search online for **interesting things to do in London**. Talk with your child about what you might do if you visited London. Look online for **virtual tours** of famous sites.

3 LEARN:

Learn about the different types of food that people in London eat. Do an online search for **popular foods in London**. Compare the foods you find to the foods your child likes to eat. Are there similarities or differences that your child notices?

Parent Guide

4 READ:

- *This is London* by Miroslav Sasek
 - *All Aboard the London Bus* by Patricia Toht
 - *The Kids Who Travel the World: London, England* by Lisa Stadnyk Webb
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5 MAKE:

Write letters with your child.

- Tell your child to pretend that you have never met.
- Tell your child to write you a letter that tells you all about them. Remind them to include things they like to eat and what they like to do for fun. Suggest that they include something interesting about themselves.
- Respond to your child's letter by writing a letter of your own.

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6 MOVE:

Play *Hot and Cold* with the letters you wrote in the *Make* section.

- Take turns hiding the letters.
 - As the other person looks, the hider says things like “*You are getting warm,*” or “*You are hot,*” as the seeker gets close to finding the letter. As the person looking for the letter gets further away from finding the letter, the hider should say, “*You are getting colder.*”
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7 PLAY:

Practice alphabetical order by playing a game with your child. Write the words ***letter, penpal, holiday, January, excited, favorite, wellies, London, jumper,*** and ***friends*** on pieces of paper. Mix up the papers and ask your child to put them in alphabetical order.

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8 WORD TALK:

Some of the words that Kensington Kate says have a different meaning from what they mean to Becky. Explain to your child that sometimes people in different countries use words differently. The words **wellies**, **jumper**, **cross**, **cinema**, **cuppa**, **holiday**, and **loads** are used in the text. These are words that might be confusing to your child. Use the chart below to help your child better understand the meaning of each word.

Word	Meaning
wellies	rain boots
jumper	sweater
cross	upset
cinema	movie theater
cuppa	cup of
holiday	vacation
loads	a lot of something

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9 **DISCUSS/DO:**

The girls need to consider the time change as they are making plans to meet up virtually. This may be a new concept for your child. Look online for **videos about time zones**. Explain to your child that there are even different time zones within the United States. Try to figure out what time it is in other time zones compared to where you live.

Free Resources to Support Family and Adult Literacy:

Keep reading together!

Visit the Barbara Bush Foundation's digital collection of free books and activities for adults, children, and families.

Scan the QR Code or visit the link below.



www.barbarabush.org/family-resources-access

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